

Locations



Armadale Public School



Cedarwood Public School



Coppard Glen Public School



Ellen Fairclough Public School



Markham Gateway Public School



York Region Youth Outreach is committed to involving youth and new Canadians in meaningful ways. This commitment goes beyond the provision of services to incorporate youth and families within the actual delivery of services and the organization's ongoing development. Youth are endowed with the knowledge, tools, support, and transferable skills they need to actively participate in their schools and civic society; their families are enabled to become volunteers and local leaders; and together we foster healthier, welcoming communities where youth and new Canadians are fully engaged and equal participants.

Our Mission: YRYO is an organization that is committed to creating healthy communities by increasing life-chances of youth. We will do this through the provision of empowering programs and services that are youth-driven, inclusive, and accessible.

Vision: YRYO aims to create healthy communities where youth are fully engaged and are equal participants.

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YORK REGION YOUTH OUTREACH



Markham Saturday School Outreach Program

Where youth are encouraged to actively participate in their community



THE ONTARIO
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FOUNDATION



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Markham Saturday School Outreach



The Markham Saturday School Outreach program is designed to help students stay academically and physically active; to be engaged and more encouraged to participate in the community. The MSSO project provides four options for enrolment: Sports Ball, Tuition, Recreational Yoga and Mega Arts. Children and youth can choose to participate in a combination of multiple options or just one in the morning or the afternoon. Sports ball leverages Canada's Long-Term Athlete Development (LTAD) model for both age groups by focusing on "FUNdamentals" and "Learning to Train." Tuition is a tutoring option for children and youth who may need some extra help with some schoolwork or an upcoming test. Recreational Yoga serves as an introductory yoga class and is taught by a trained and certified instructor. Lastly, Mega Arts is an exploratory series of arts & crafts workshops.



Markham Saturday School Outreach

1) Sport ball

This program includes 4 sports: volleyball, basketball, soccer, and cricket. Throughout the 8-week program, 2 sessions will be devoted to each sport. YRYO follows the LTAD model with an emphasis on FUNdamentals. Each week children will be learning the basic skills of each sport and also learn about team work, cooperation and leadership through fun, engaging drills and games.

2) Tuition

Tutors and YRYO volunteers will give students one on one tutoring in math, language, and science. Children will be able to catch up or get ahead on class lessons, clarify learning problems and work on study skills. Children have the option of bringing homework from home, or being challenged with some worksheets provided by YRYO.



Markham Saturday School Outreach

3) Recreational Yoga

The parent and child yoga class is a relaxing way to breathe new life into your Saturday morning. The focus of the class will be on breathing techniques, core exercises to build a healthy mind, spirit and flexibility. Each session is taught by a certified yoga instructor. Parents have the opportunity to participate in this class with their child.

4) Mega Arts

There are two parts to this program; visual art and drama. Students will be focusing on artistic mediums including painting, sculpting and drawing in the first half of the 8-week program. In the second half, students will participate in different areas of dramatic arts such as music or dance. On the last day of class, students will put either a play or dance together to perform for parents and other children enrolled in the MSSO.

